



Paws and Possibilities™

Teaching you to train your dog, one paw at a time

Steps to Inhibit a Behavior

- 1. Immediately Identify**
 - Use the word “NO” when your dog does something wrong.
- 2. Intolerable Consequence**
 - 3-10 seconds after the word “NO”
- 3. Inescapable**
 - Make sure your dog can not get away from the consequence.
- 4. Inevitable**
 - Make sure there is a consequence if you say the word “NO”.

Tips for Success

- 1. Use individual approximations when training.**
 - Like filming a movie with “take 1” and “take 2”
 - Do not say no followed by a click during the same approximation.
- 2. Positive reinforcement once behavior is corrected.**
 - At least 2 weeks of positive reinforcement any time dog does NOT do the inappropriate behavior.
- 3. After a consequence, ignore dog for 20-130 seconds.**
 - Then repeat to see what the dog does – either punish again or reward.
- 4. More treats than punishment at the end of the day.**
 - The goal is good behavior, so be sure to reward that!

Paws and Possibilities specializes in teaching you how to train your dog. Unique training plans are created to meet your specific needs. Complicated training ideas are explained to you in a way that makes sense, and results are measurable. Call 410-424-0858 for more information or visit www.pawsandpossibilities.com.